



Kaigan Korner

The Delta Kaigan Judo Club Newsletter

June 08

Club AGM in August (date & time TBD)

As you all know Delta Kaigan Judo Club is a non-profit society registered under the Societies Act of BC. In order to be a Society, we need to hold an AGM every year at which time the Board of Directors are elected and some other business is discussed.

Positions open:

President and Treasurer
1st Vice-President
2nd Vice-President
Secretary
Marketing

The following agenda is proposed:

Call to Order
Approval of the Minutes of the 2007 AGM
Report of the President
Report of the Treasurer
Report of the Committees
Election of the Officers
Any other business
Adjournment

There will be discussions around what we hope to achieve in the next year.

If you are unclear of what your roll is as a member you can review our ByLaws in your club manual. Plan to participate.

Self Defense Seminar Saturday August 9th 10:30am to 4:30 pm

Delta Kaigan Judo will be hosting Tom Arcuri, Personal Defense Readiness Program Manager for Blauer Tactical Systems.

Based on the BTS physiological research, this seminar will teach you how to convert the natural startle/flinch response into tactical self defense in order to survive real life attacks. The program will also cover Psychological Performance Enhancement and Cerebral Self Defense principles. No previous training or experience is required.

Open to all friends, family and members of Delta Kaigan Judo over the age of 13.

Participation limited to 40 attendees, please see Corey ASAP to reserve a spot.

For more information on BTS which is quickly becoming the system of choice for US Military and Law Enforcement, visit www.tonyblauer.com or search Tony Blauer on Youtube to view some great demo videos!

Upcoming Events!

June 21st, 3pm to 6pm is our club windup party. We are planning for outside activities, in the park, with BBQ'd hot dogs, juice, pop, and other tasty treats. This is no charge for club members and a nominal fee of \$5 per person for family or friends. If it is raining we plan to book the hall and have the party inside.

Instructor and helpers appreciation dinner will take place once we can find a date and time that everyone can attend, stay tuned!

July 4,5 and 6 weekend, in Toronto ON – Junior National Judo Championship. We have one of our club judoka competing in this shiai, Denis Hollo. Let's all wish him well!

Summer Judo – we are running judo classes once per week on Wednesdays. Are you interested in coming to judo on Wednesdays for a change in pace? Judo will be a little less intense giving you a chance to work on exactly what you want to work on. We are going to run from 7:30 pm to 9:00pm. Make sure you sign up for this!

Summer judo fees will be required to be paid in advance. \$40 for July and August.

More details on all these events can be found on our web site:

www.deltajudo.com

Kaigan Club Thanks our Members

A huge thank you must go out to all our members!

It is definitely all of you that have made this a very successful judo year!

All of the instructors wish all of you a great summer.

I know we will see you in September!

Judo starts again in September!

**September 8th at 7pm is our first night!
Sign up now the 2008 – 2009 judo year!**